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# Mold & Mycotoxins: Current Evaluation And Treatment 2016



## Synopsis

This book is intended to help both medical practitioners and patients to understand our growing understanding of how mold toxicity and mycotoxins can profoundly affect health. It provides an overview of how mycotoxins create an unrelenting inflammatory process that influences the immune system, nervous system, endocrine system, gastrointestinal system, emotions and pain. It reviews the current approaches to diagnosis and treatment.

## Book Information

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## Customer Reviews

As an integrative oncologist, I have been working successfully for decades with patients whose oncologists have told them "there is nothing more we can do, except to keep you comfortable". When my now 24 year old son came home from college at the end of 2013 sick and tired, and never got well enough to return to school, I was faced with a similar situation. All lab tests were normal. Some 'alternative' doctors found low methylation and a factor in the urine called 'kryptopyrrole". We pursued strategies aimed at correcting these things for a year, but he continued to slide into chronic fatigue. By early 2015, our former competitive rock climber and outstanding student couldn't gt out

of bed, and couldn't think well. My wife and I (also a physician) started calling every doctor we knew who worked with chronic fatigue--Dr. Nathan told us 'test him for mycotoxins'. He had 3 major mycotoxins in his urine, at very high levels. We remembered that he had been exposed to a water damaged building in the winter of 2010, where his private high school met. We had noted visible mold, and had the school tested, which found high levels of aspergillus and black mold--which make precisely the same toxins that we found in his urine 4 years later. Dr. Nathan has been a godsend in not only identifying the problem, but guiding us through very complex treatment options. A year and a half later, he is about 50% recovered. Anyone who has strange symptoms or a mysterious illness that doctors can't diagnose must read this book. It is in very accessible language for non-physicians, and highly credible. Believe me, these strategies work! There are almost certainly millions of people with mold related illness who don't know it, and have physicians who don't know how to test for it, or where to refer them. This book can be a lifesaver for so many who don't have access to doctors knowledgeable about mold related illness.

Very informative. Contains just what I needed to know. It's a lot of information in a short read. Fortunately Dr Neil is available for consultation. I talked with him before reading the book. The book covered what we discussed and more. I like referring to the book to refresh my memory and understanding.

Short, sweet, and comprised of actual information. No speculations here! I'll have to read it several times, I'm sure--and then use it as a reference.

Very informative. Confirmed a lot of what my mold doc has been doing with me, but also raised some questions that have started good conversations!

Dr. Nathan is on the forefront of research and treatment for toxic mold exposure. Very enlightening introduction to the subject. Great for people who think they may have been exposed to toxic mold and need a medically sound look at the topic.

This book is factual, succinct, and to the point. A how to get well after you Escape from water damaged buildings and airborne mold spore exposures. Thank you for boiling it down and sharing your knowledge!

Thank you Dr. Nathan for sharing your work with us! Mold and mycotoxins are out there and present in our patients in so varied ways. This book will help many practitioners help many more patient with mold issues.

I highly recommend this book to anyone dealing with chronic illness and the possibility of mold toxicity. It's very informative and Dr. Nathan presents the information in a way that's easy to understand. I found it to be extremely helpful.

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